

Both Traditional IRA & Roth IRA Plan Contribution Limits & Deadlines

Tax Year	Maximum Contribution Deferral Limit (if under age 50)	Maximum Contribution Deferral Limit (if over age 50)	Contribution Deadline
2024	\$7,000	\$8,000	04/15/2025
Tax Year	Catch-Up Deferral Limit (Age 50+)		Contribution Deadline
2024	\$1,000		04/15/2025

Simple IRA Plan Contribution Limits & Deadlines

Tax Year	Maximum Contribution Deferral Limit (if under age 50)	Maximum Contribution Deferral Limit (if over age 50)	Contribution Deadline
2024	\$16,000	\$19,500	04/15/2025
Tax Year	Catch-Up Deferral Limit (Age 50+)		Contribution Deadline
2024	\$3,500		04/15/2025

401K, 403B & 457 Plan Contribution Limits & Deadlines

Tax Year	Maximum Employee Contribution (Deferral Limit)	Maximum Employee Contribution (if Age 50+)	Contribution Deadline
2024	\$23,000	\$30,500	Deferred from last paycheck or Dec. 31, 2024
Tax Year	Maximum Catch-up Contribution (Catch-Up Deferral Age 50+ Limit)		Contribution Deadline
2024	\$7,500		Deferred from last paycheck or Dec. 31, 2024
Tax Year	Maximum Employee & Employer Contribution (if under age 50)*	Maximum Employee & Employer Contribution (if over age 50)*	Contribution Deadline
2024	\$69,000	\$76,500	04/15/2025 (plus extension if needed to 10/15/2025)